



ADVANCED: (R/B/S): National Standard/Level – Spiritually (Spirit)

Educational Equivalency: University Degree

Chapter Eight: Red (3rd Kyu) Caution – Novice/Advanced

Kihon: Tobikomi Nagashizuki

Grading Kata (JKF Wado Kai): Niahanchi

Kubudo: Yanchi

Kumite: Kihon Kumite 3 plus 1 & 2

Kumite: Ohyo Kumite 6, 7, & 8 plus 1, 2, 3, 4 & 5

Kumite: Jiyu (Freestyle)

Self-Defense: 5 Jujitsu (1 Opponent)

Bonus Kata: Bassai Dai



Chapter Nine: Brown (2nd Kyu) Growth – Intermediate/Advanced

Kihon: Kihon Waza, Tsuki Waza, Keri Waza

Grading Kata (JKF Wado Kai): Seishan

Kubudo: Single Baton Escrima

Kumite: Kihon Kumite 4, 5 plus 1, 2 & 3

Kumite: Ohyo Kumite 9, 10 & 11 plus 1, 2, 3, 4, 5, 6, 7, & 8

Kumite: Jiyu (Freestyle)

Self-Defense: 5 Karate & 5 Jujitsu (1 Opponent)

Bonus Kata: Jion



Chapter Ten: Stripe (1st Kyu) Expression – Advanced/Advanced

Kihon: Combination of ANY or ALL of the above

Grading Kata (JKF Wado Kai): Wanshu

Kubudo: Tosechin No Kun

Kubudo: Sai Shodan (substitutue Tonfa for Sai)

Kumite: Kihon Kumite 1 through 5

Kumite: Continual Ohyo Kumite 1 through 11

Kumite: Jiyu (Freestyle)

Self-Defense: 10 Continual Karate/Jujitsu (1 Opponent)

Bonus Kata: (JKF Wado Kai): Kushanku

Kaisetsu: Realized Pinan Kata of your choice

