



INTERMEDIATE: (P/G/B): Provincial Standard/Level – Mentally (Mind)

Educational Equivalency: Collage Certificate

Chapter Five: Purple (6th Kyu) Explanation – Novice/Intermediate

Kihon: Gyakuzuki no Tsukkomi
Grading Kata (JKF Wado Kai): Pinan Yondan
Kobudo: Choun No Kun
Kumite: Kata Kumite Pinan Sandan
Bonus Kata: Sho Ho Hi



Chapter Six: Green (5th Kyu) Control – Intermediate/Intermediate

Kihon: No Keri: Mae geri, Mawashi geri, Sokuto geri, Ushiro geri
Grading Kata (JKF Wado Kai): Pinan Godan
Kobudo: Hu Shu No Kun
Kumite: Kihon Kumite 1
Kumite: Ohyo Kumite 1 & 2
Bonus Kata: Shodan Shodan



Chapter Seven: Blue (4th Kyu) Appearance – Advanced/Intermediate

Kihon: Tobikomizuki
Grading Kata (JKF Wado Kai): Kushanku Dai (Creed)
Kubudo: Tonfa Shodan
Kumite: Kihon Kumite 2 plus 1
Kumite: Ohyo Kumite 3, 4 & 5 plus 1 & 2
Self-Defense: 5 Karate (1 Opponent)
Bonus Kata: Chokia Dai
Kaisetsu: Realized Tekki Escrima No Kun (Preferably 4 Opponents)

