



DEGREE'S: (1 - 3): International Standard – Technically (Technique)

Educational Equivalency: Post Graduate Studies

Chapter Eleven: Shodan (1st Degree)

Grading Kata (JKF Wado Kai): Chinto

Kata: Jinn

Kubudo: Toko Meni No Kun

Kubudo: Double Integrity

Kumite: Kihon Kumite 1 through 7

Kumite: Jiyu (Freestyle)

Kubudo Kumite: Bo vs Bo

Self-Defense: Continual 10 Karate/Jujitsu (2 Opponents)

Choice of Kubudo Kata

Kaisetsu: Realized Pinan Kata examiners choice



*JKF Wado-Kai Shodan is required for all Sentenashi Degrees

*Sentenashi Dan Gradings Nidan and higher to be completed in Black Hakama

Chapter Twelve: Nidan (2nd Degree)

Grading Kata (JKF Wado Kai): Rohai

Kata: Taisho Dai

Kubudo: Urashi Bo

Kubudo: Kushanku Sai

Kumite: Kihon Kumite 1 through 9

Kumite: Jiyu (Freestyle)

Kubudo Kumite: Bo vs Bo/Baton

Self-Defense: Continual 5 Karate/5 Jujitsu/5 Kubudo (2 Opponents)

Kaisetsu: Realized Kata of your choice (3 Opponents)



Chapter Thirteen: Sandan (3rd Degree)

Grading Kata (JKF Wado Kai): Niseishi

Kata: Kan Ku Sho

Kubudo: Shi Shi No Kun No Dai

Kubudo: Chatan Yara No Sai

Kumite: Kihon Kumite 1 through 10

Kumite: Jiyu (Freestyle)

Kubudo Kumite: Bo vs Bo/Baton/Tonfa

Self-Defense: Continual 5 Karate/5 Jujitsu/5 Kubudo (3 Opponents)

Kaisetsu: Realized Kubudo Kata of your choice (3 Opponents)

